



SENIOR SERVICES EVENTS & ACTIVITIES

MARCH 2010



SENIOR SERVICES 292-8262 TRANSPORTATION PROGRAM 292-8261

NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279

WEBSITE WWW.EASTWINDSORCT.COM

monday	tuesday	wednesday	thursday	friday
1	2	3	4	5
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 FREE TAX ASSISTANCE 9:00 - 12:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	MEET AND GREET THE SENIOR CENTER TRANSPORTATION COORDINATOR, TERESA HILL 10:30 - 12:00 CAFÉ LUNCH ~ NOON FREE INSTRUCTIONAL CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 FREE BEGINNERS BRIDGE CLASS 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:30 CAFÉ LUNCH ~ NOON WAREHOUSE POINT LIBRARY 1:00 - 2:00	WALKING PROGRAM 9:30 FREE BLOOD PRESSURE/SUGAR SCREENING 10:00 - 12:30 CAFÉ LUNCH ~ NOON SENIOR CLUB MEETING 1:00	SHOPPING @ BUCKLAND HILLS & JO-ANNE FABRICS @9:00AM Wii OPEN BOWLING 10:00 - 12:00 SCRABBLE CLUB 10:00 - 11:00 CAFÉ LUNCH ~ NOON Wii FIT 1:00 - 2:00
8	9	10	11	12
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 FREE TAX ASSISTANCE 9:00 - 12:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	COMMUNITY CONVERSATIONS W/ TIM HOWES/SUPERINTENDENT OF EAST WINDSOR SCHOOL SYSTEM 10:30 - 11:30 CAFÉ LUNCH ~ NOON	SHOPPING @ GEISSLERS'S 9:00 FREE BEGINNERS BRIDGE CLASS 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:30 CAFÉ LUNCH ~ NOON Wii LEAGUE BOWLING 1:00 - 2:00	FOOT CARE SERVICES BY APOINTMENT 9:00 - 12:00 WALKING PROGRAM 9:30 CAFÉ LUNCH ~ NOON FOOT CARE SERVICES BY APOINTMENT 12:30 - 2:00	VIEWING OF BD OF SELECTMAN DEC. 1ST MEETING part 1 9:00 - 11:45 SCRABBLE CLUB 10:00 - 11:00 CAFÉ LUNCH ~ NOON VIEWING OF BD OF SELECTMAN part 2 12:30 - 1:45
15	16	17	18	19
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 FREE TAX ASSISTANCE 9:00 - 12:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	SPECIAL MOTORCOACH TRIP TO FOXWOODS 8:00 - 5:00 CAFÉ LUNCH ~ NOON FREE INSTRUCTIONAL CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 FREE BRIDGE CLASS 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:30 SPECIAL ST. PATRICK'S LUNCH SEE REVERSE SIDE FOR MENU CAFÉ LUNCH ~ NOON Wii LEAGUE BOWLING 1:00 - 2:00	WALKING PROGRAM 9:30 COFFEE HOUR WITH LAURA, DIRECTOR OF THE EAST WINDSOR SENIOR CENTER 10:30 - 11:30 CAFÉ LUNCH ~ NOON SENIOR CLUB MTG 1:00 W/ GUEST SPEAKERS: BD. OF SELECTMAN	FOOT CARE SERVICES BY APOINTMENT 9:00 - 12:00 CAFÉ LUNCH ~ NOON FOOT CARE SERVICES BY APOINTMENT 12:30 - 2:00 SCRABBLE CLUB 1:00 - 2:00
22	23	24	25	26
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 FREE TAX ASSISTANCE 9:00 - 12:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	COMMUNITY CONVERSATIONS W/ TOM CLYNCH, CHIEF OF EMERGENCY MEDICAL SERVICES, E. W. AMBULANCE ASSOCIATION 10:30 - 11:30 CAFÉ LUNCH ~ NOON FREE CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 FREE BEGINNERS BRIDGE CLASS 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:30 CAFÉ LUNCH ~ NOON SET UP FOR MONTHLY SOCIAL 1:00 - 3:00	MONTHLY SOCIAL 12:00 LIVE ENTERTAINMENT PROVIDED BY THE HUMBLE BEES FINAL PAYMENTS DUE FOR APRIL TRIPS	SHOPPING @CHRISTMAS TREE SHOPS 9:00AM Wii OPEN BOWLING 10:30 - 12:00 CAFÉ LUNCH ~ NOON Wii FIT 1:00 - 2:00 SCRABBLE CLUB 1:00 - 2:00
29	30	31	UPCOMING EVENTS:	
SHOPPING @ WAL-MART / BIG Y PLAZA 9:00 - 11:00 FREE TAX ASSISTANCE 9:00 - 12:00 A.C.T.I.V.E. CLASS 10:30 - 11:15 CAFÉ LUNCH ~ NOON WALKING PROGRAM 12:30 OPEN COMPUTER TIME 12:30 - 2:30	MEET AND GREET WITH THE SENIOR CENTER DIRECTOR, LAURA CLYNCH 10:30 - 12:00 CAFÉ LUNCH ~ NOON FREE INSTRUCTIONAL CHAIR YOGA 1:00 - 2:00	SHOPPING @ GEISSLERS'S 9:00 FREE BEGINNERS BRIDGE CLASS 9:00 - 11:00 A.C.T.I.V.E. CLASS 10:30 - 11:30 CAFÉ LUNCH ~ NOON Wii LEAGUE BOWLING 1:00 - 2:00	4/6 ~ Community Conversations w/ Ed Alibozek, Acting Superintendent Water Pollution Control Authority 4/15 ~ Coffee Hour w/ Laura Clynch Director of Senior Services	4/20 & 4/21 ~ AARP Safe Driver Course 5/6 ~ Special Dial-A-Ride Trip to the Ringling Brothers Circus 5/7 ~ Special Mother's Day Luncheon
4/18 - 4/24 ~ National Volunteer Week			2/24/2010	